# To the Chairperson and Members of the South East Area Committee

# Report of the Executive Manager, Central and South East Areas

#### **City Quay**

We are hoping to commence the mural on City Quay shortly and this will form the 1<sup>st</sup> phase of the work at City Quay; the next phase will be the public realm / greening to the front and we are awaiting the finalisation of a framework agreement which will allow us to proceed with this element of the work. The 3<sup>rd</sup> element will be the re-design of the Elizabeth O'Farrell Park and the new design will be discussed shortly with local residents who we engage with on regular basis.

# **Baggot Street Upper**

Discussions are continuing with reps. of the businesses / residents on Baggot Street Upper regarding further public domain improvements on Street. We have installed new planter boxes, all the bollards and hanging basket poles have been painted and the Big Belly Bins wrapped with local imagery. City Architects have been asked to look at new public benches for the street.

# **Bridge Project**

Work continues with An Garda Síochána from both Store Street and Pearse Street together with Youth Services from Swan and St. Andrew's and other stakeholders and the focus currently is on improving diversionary activities for young people in the area.

#### Cabbage Patch

Awaiting update from Parks on proposed improvements to the Cabbage Patch.

# Sandymount Green

The weekend pedestrianisation at the eastside of Sandymount Green over the summer of 2023 has just concluded.

#### **Grand Canal**

A meeting was held in January 2020 with Waterways Ireland representatives and Councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. The latest meeting was held on 26<sup>th</sup> July 2023. Next meeting is due to be held in late November 2023 via Teams.

#### Portobello Harbour Square

Ait Urbanism + Landscape were appointed as consultant for the project and two initial public consultation workshops were held on 1<sup>st</sup> and 8<sup>th</sup> June 2022 at St. Kevin's Community Centre. Concept designs were prepared by consultants based on the outcome of these workshops and these were put on public display at St. Kevin's Community Centre between 3pm and 8pm on Thursday 21<sup>st</sup> July 2022. Online consultation was open until 19<sup>th</sup> August 2022 and a large number of submissions were received. Preliminary appraisal form has been lodged with the Capital Project Support Office (CPSO). Provision has being included in the Parks 2023/24/25 draft Capital Programme. Parks Department presented the latest design to Councillors on 18<sup>th</sup> May 2023. A further public consultation took place at St. Kevin's Community Centre on

31<sup>st</sup> May 2023 and subsequently online. Pre-Part 8 documents have been circulated but there are some issues to be addressed before commencing Part 8 process.

# Rathgar Village Improvement Plan (VIP)

Herzog Park, Rathgar - Final Phase

The final phase of the project includes the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. A preliminary site meeting was held with Road Construction engineers on 14<sup>th</sup> April 2022. Surveys of the area were carried out including a drone survey and GPR Survey to assist in the design process. Roads engineering resource is now in place and a meeting was held on site on 5<sup>th</sup> May 2023 with Roads Engineer, Parks Department and Area Office. Japanese Knotweed has been identified in the boundary which will have an impact on timeline and costs. Once the detailed design process has been completed, costings will be compiled towards the end of September. Timeline for works will be prepared in the coming weeks.

# Ringsend Irishtown Local Environment Improvement Plan (LEIP)

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5<sup>th</sup> December 2018. A presentation was made to area councillors on 13th February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21st March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19th April 2019, submissions were received and were reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22<sup>nd</sup> October 2019. A meeting of all internal stakeholders was held on 28<sup>th</sup> November 2019 and further detail was identified by key departments. An invitation to tender for additional services to bring the project to Part 8 was issued to consultants and Mitchell & Associates were formally appointed on 17<sup>th</sup> November 2021. Preliminary meeting of design team took place on 15<sup>th</sup> December 2021 and detailed meetings with internal departments were held in January and February 2022. GPR Survey was carried out in January 2022.

A second round of meetings with internal departments was held during April / May 2022 and work was carried out on finalising the design. A meeting was held with local businesses to agree servicing arrangements for traders on Fitzwilliam Street in November 2022. A public information meeting to present the designs to the community was held in December 2022 in Ringsend Irishtown Community Centre which was well received. A Road Safety Audit was carried out in 2023. Pre-Part 8 drawings were circulated to Technical Departments on 14<sup>th</sup> April 2023 and final issues are now being resolved so that Planning Department can issue their report. CPSO approval has now been given to proceed to planning stage and we propose to give notice of our intention to lodge the Part 8 during November 2023 at the November Area Committee meeting.

# **Choice Based Lettings / Allocations**

We intend to advertise 3 x 1 bed units at Galtymore Drive in the next few weeks. These units are currently under repair. These are maisonettes and have not been previously advertised under CBL scheme.

# **CCTV**

Following ongoing meetings with our Data Protection section some clarity has been provided in relation to CCTV. Regarding CCTV in public places, they have confirmed that we are required to seek the authorisation of the Garda Commissioner through the Community Based CCTV Scheme process. Accordingly, the first step in installing CCTV at Benbulben Road will be to form a project team, to include members of the local community, An Garda Síochána and Dublin City Council, technical experts etc. Given the required involvement of the local community, the issues of health and safety outlined above are still a concern. However it has been agreed with the Community Policing Forum that it would be appropriate for the

Community Policing Forum to fulfil the community aspect required in applying to install or retain CCTV systems in public places. The local Gardaí also believe this would be an appropriate way to proceed. Accordingly, we intend to commence a process for installing CCTV at Benbulben Road once the CPF have written to the local Garda Superintendent and DCC, notifying them of their intention to establish a CCTV scheme in that locality. There is a detailed and lengthy process to undertake before an application for authorisation can be submitted and it is crucial that all steps in the process are closely followed in order to ensure the best chance of securing the authorisation of the Garda Commissioner. It should also be noted that the ultimate outcome in this matter may well be that CCTV is not justified at this location, at this time.

In relation to CCTV in other public places in the area, we are carrying out a review of these systems to assess whether we should seek authorisation from the Garda Commissioner for these systems. It is possible that some of these systems will be decommissioned as there may no longer a justification for their retention. Discussions have been held with An Garda Síochána and they will revert with their opinion on which systems should be retained. The Councillors will be notified of all proposed changes prior to implementation. We have been advised that all systems can continue to operate while reviews are carried out.

# Former Fr. Lar Redmond Hall, Keeper Road, Drimnagh

This community hall has been vacant for many years and Housing Development Section is proposing to redevelop the site for housing. The site will be developed by Respond Housing and the proposal is to build older persons' units on the site. Information days took place in Dolphin's Barn Library on Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> January 2023. The main comments related to the proposed height of the developments and this was repeated at the presentation that was made to the Area Committee on 13<sup>th</sup> March 2023. Following a redesign in response to points raised at the area committee meeting and at the community consultation event Respond's Architects have completed a further redesign. The main changes are as follows:

- ➤ A reduction of the overall building height from 7 to 6 storeys.
- > Increase in height to the rear block from 4 to 5 storeys with the top floor set back.
- Reduction in car parking spaces provided from 5 to 3.
- Relocation of the communal room from third floor to upper ground floor, with dedicated entry from Keeper Road.
- ➤ Unit numbers have reduced from 22 to 20, due to the reduction in height, with unit areas remaining at approximately just over 50m².

Planning applications were lodged on 16<sup>th</sup> June 2023 and 14<sup>th</sup> July 2023 but both were deemed invalid. A further planning application was lodged on 25<sup>th</sup> August with the last day for observations being 28<sup>th</sup> September.

#### Ravensdale Close / Clonmacnoise Grove

Following a meeting on Thursday 26<sup>th</sup> January with Housing Development and FOLD approved housing body (AHB) to review feasibility studies for the redevelopment of Ravensdale Close and Clonmacnoise Grove senior citizens' complexes, it was agreed that both projects were viable. The plans are currently being finalised and consultation with residents has commenced. So far there has been a very positive response from residents. Outline designs are still being worked on and when they have been completed a presentation will be made to the residents.

#### Halloween

There has been very little reports of storage of bonfire materials so far. However, we are aware of site where materials are currently being stored. As is usual practice, we will continue to monitor these sites and allow stockpiles to build up. We will then remove them nearer

Halloween to make it more difficult for them to be built up again. We have had a number of meetings with the Gardaí and have been assured that resources will be available to assist in removal of bonfire material. A Halloween leaflet outlining residents' responsibilities and highlighting diversionary events will be distributed in the week before Halloween.

#### **Rosary Hall**

After receiving extra funding of €240,000 which was approved at the April City Council meeting (as well as €125,000 already allocated), it was decided to retender the entire proposed works.

Meetings took place with both main community groups and consultant architects during the summer 2021 to outline and agree the proposed works which included mechanical and electrical works, fire safety works, remedial works and lift replacement.

The Area Manager also engaged in meetings with both community groups regarding governance of the facility and a management agreement was finalised in May 2022.

A supervisory committee comprising of two members of the football club and two members of the Harold's Cross Village Community Council (HXVCC) and the Area Manager will be established to optimise the use of the facility for the benefit of the community.

Tender documentation was completed and advertised and tenders were received back on February 14<sup>th</sup>. When these tenders were assessed by consultants it was apparent that construction inflation has led to a significant increase on the previously estimated cost.

A full Corporate Project Support Office (CPSO) appraisal form has been submitted in relation to the matter and it has been included in list of projects for capital funding.

The disposal of the lease was agreed at the area committee meeting in June and was brought to the July Council meeting and approved.

Final further work in relation to the agreed Protocol for Management of the Building was agreed late last year and the Lease signed

The works were tendered on 6<sup>th</sup> April and the last day for submission was the 8<sup>th</sup> May. The tenders have been assessed and preferred bidder selected.

There were no challenges to the tender during the standstill period and all relevant documentation has been checked and verified. The letter of acceptance has been issued and it is hoped to engage the contractor formally in the coming week. A lead in period of eight weeks is anticipated after the signing of the contract.

# **Age Friendly Initiative Harold's Cross**

The Age Friendly Committee for Harold's Cross has been operational since early 2020. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals, funding permitting.

A subgroup under the Housing Strategic Policy Committee (SPC) has been convened to look at the City Wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

IT Age Friendly tablets have been distributed to residents and have been very well received. Cliff Run Media have supplied over 1,000 units to established age friendly projects across the country; the tablet comes with one year's free WIFI and are dignity proofed to make access as easy as possible.

It is anticipated that when the works are completed on Rosary that it can play a pivotal role in age friendly activities going forward.

During 2022 there were a number of trips organised including visits to Russborough House on 11<sup>th</sup> April 2022 and the National Stud on 27<sup>th</sup> September 2022.

There was also an Ageing Well Café meeting in McGowan's in May 2022 and a further event took place in McGowan's on 7<sup>th</sup> December 2022.

Further monies have been set aside in the Discretionary Fund this year for the Harold's Cross Age Friendly Initiative.

A meeting of the sub group took place on 30<sup>th</sup> May and a main workshop took place on 8<sup>th</sup> June.

The Area Manager would like to thank Cllr. Feeney and Tony McDermott for their facilitation on the evening and the collation of the information from the participants. A further Age Friendly group meeting took place on 12<sup>th</sup> September. It is proposed that a sub group will convene shortly to facilitate a further Workshop.

#### **Rutland Grove / Eamonn Ceannt Park**

A Crumlin Halloween Mini Festival took place in Eamonn Ceannt from 12pm to 4pm on Monday 31st October 2022 and received very good feedback from the community who attended.

A 'Friends of Eamonn Ceannt' meetings took place on 15<sup>th</sup> December in the Pavillion in Eamonn Ceannt Park and again on 30<sup>th</sup> March.

Active Travel have indicated that they do not intended to proceed with the Kimmage – Clogher cycleway way at present.

Les Moore at the meeting on 30<sup>th</sup> March indicated that Active Travel have the expertise and funding and it is not his intention to sanction any roadworks that were passed as part of the Part 8.

At this meeting the 'Friends of Eamonn Ceannt' Committee visited the area in question and the Area Manager on request has written to John Flanagan ACE of E & T Department to see if they would decrease the size of the footpath to facilitate some dedicated parking.

A further 'Friends of Eamonn Ceannt' meeting took place Wed. 28th June.

A meeting between the Gardaí, three local resident groups and the Area Manager took place on Wednesday evening 31st May to highlight some of the local concerns regarding matters including anti-social behaviour, illegal parking, overflowing bins and damage to playground.

The commencement of upgrade works to the Depot begun on July 31<sup>st</sup> and a meeting took place with the local Residents' Association on 3<sup>rd</sup> August in the Pavillion in Eamonn Ceannt Park.

A very successful Summer Festival took place in Eamonn Ceannt Park on 13<sup>th</sup> August. The event was very well attended with many entertainment options.

Our Community Team is currently involved in the organisation of a Halloween Festival at Eamonn Ceannt Park to encourage young people and others to enjoy Halloween safely.

# Community Development Report (Kimmage Rathmines LEA)

#### Halloween Festival 2023

In partnership with the local communities, the Community Team is currently involved in the organisation of Halloween Festivals in our local parks to encourage young people to enjoy Halloween safely and to alleviate pressure on the community and policing bodies over that period.

Date	Time	Location
29 <sup>th</sup> Oct	12:30 to 3:30pm	Belgrave Square
31st Oct	12 to 4pm	Eamonn Ceannt Park
31st Oct	12 to 4pm	Brickfield Park

The community team is supporting the local youth projects in their diversion programme which seeks to divert young people from becoming involved in anti-social or criminal behaviour. The programme consists of the following:

- Go Karting & food
- The Nightmare Realm
- Bowling Trip
- Zip it
- Hellfire Club Trip
- Haunted House
- Food for Halloween outreach
- Halloween Party
- Tayto Park Trip

There is a number of age friendly Halloween music events planned in Evergreen Hall and senior citizen complexes around our area.

#### **Community Grant Scheme 2023**

Over 50 applications were received from groups in the Kimmage / Rathmines Area. Assessments of the grants was carried out by the Community Teams with the total available funding for the Community Grants coming to €22,500.

#### **Rathmines Dog Show**

The annual dog show will take place on October 7th in Belgrave Square, Rathmines from 11:30am to 1:30pm and will be run by the Community Development Team with the support of the Belgrave Residents' Association.

#### **Blarney Park Allotment**

The Kingfisher Project at Blarney Park Allotments continues to support the community and are planning to extend into the wider community by introducing an intergenerational project which encourages older peoples to develop their garden as a resource for growing food by collaborating with younger people to help maintain them.

# Rathgar Children's Book Festival

The Rathgar Children's Book Festival will return on Saturday the 7th of October from 10am to 4pm in Zion Church on Bushy Park Road. There will be a number of storytellers reading on the day.

#### **BOXUP** unit

Eamonn Ceannt Park has been chosen for the pilot of the Boxup Unit in Dublin City Council. The unit supplies a wide range of sports equipment to park users free of charge. The launch of the newly installed Boxup Unit will take place on Wednesday the 4<sup>th</sup> of October at 2.30pm



As part of "Open House Dublin 2023" the local history group has organised a tour of the graveyard of Saint Mary's Church, Crumlin on Saturday the 14<sup>th</sup> of October. Historian Enda Fahy will be speaking on the day.

#### October Events 2023

- 7<sup>th</sup> @ 10 4pm, Rathgar Children's Book Festival
- 7<sup>th</sup> @11:30 1:30pm, Rathmines Dog Show Belgrave Square
- 7<sup>th</sup> @ 10 5pm, Crumlin History Day Walkinstown Library
- 10<sup>th</sup> @ 2pm, Merrick House, Angel
- 14<sup>th</sup> @ 2pm, St Marys Church Graveyard Open House
- 16<sup>th</sup> @ 6:30pm, Crumlin GIY Garden Pond Presentation
- 25<sup>th</sup> @ 2pm, Lorcan O'Toole Court Halloween Tea Dance Angel
- 26<sup>th</sup> @ 2pm, Rathgar Ladies Club, Tom Clarke
- 26<sup>th</sup> @ 2pm, Eastwell Ladies, Angel
- 27<sup>th</sup> @ 2pm, Evergreen Halloween Tea Dance, Hampton Duo
- 29<sup>st</sup> @ 12:30 3:30, Belgrave Square Halloween Festival
- 30<sup>th</sup> @ 2pm, Orwell Nursing Home, Angel
- 31st @ 12-4pm, Brickfield Halloween Festival
- 31<sup>st</sup> @ 12-4pm, Eamonn Ceannt Park Halloween Festival

# Community Development Report (South East Inner City & Pembroke LEAs)

#### Pembroke & South East Inner City Grant Scheme 2023

Grant applications were received and assessed by the Community Team with over €160,000 funding granted.

Grant	No. of Grants	Total
Adult Education	11	€6,345
Community	59	€37,500
Tom Clarke	58	€125,000
Total Grants	128	€168,845

# New Resident in Charleston Road, Ranelagh

A newly established group, D6 for All, held a public meeting in July to welcome 64 refugees as new residents to the community. Since then a sub-group has been set up to engage with

the men and see how various groups in the community can assist them to integrate locally. One project, which has taken off, is the gardening group, where Charleston residents and other local residents are working together on the garden at Charleston to cultivate a growing, play and pray area as designed by the residents. DCC Community Team is supporting this. Many residents are also keen to get involved as volunteers in the community and we have facilitated this with the re-planting of the village, where residents will work with Tidy Towns.

#### Age Friendly – day trips, networking event, Older People's Council (OPC)

Following an area OPC earlier in the year our Older People's Council expressed a desire for day trips to be organised for local community groups. Leading on from this, the Community Team will run four day trips in October to Avondale House, Co Wicklow.

A Networking and Information Morning for Older People in the South East Area will be held on 28<sup>th</sup> September in the Radisson Hotel, Golden Lane. This session will be a wonderful opportunity for older people in the community to network with each other, meet the Community Team, share ideas on what is working well in their area and see where we need to improve. The morning will include brief presentations from, South East Area Community Team, Housing Liaison Officers, Healthy Home Officer, Sports & Wellbeing Partnership, Hugh Lane Gallery and Libraries.

# Pembroke & South East Inner City Community Events

Tuesdays on going, 10.30-12.30 Verschoyle Court Coffee Mornings.

Wednesdays on going, 11.00-12.00 Beech Hill Chair Yoga.

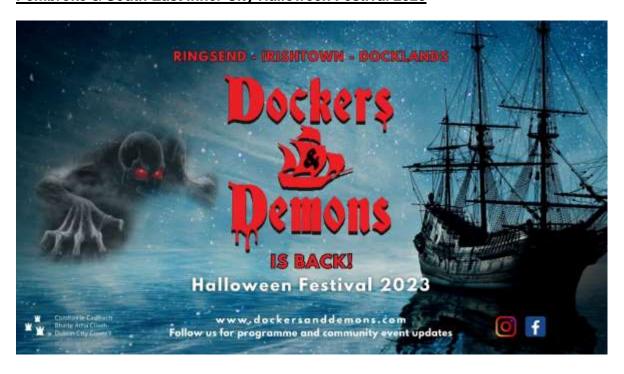
Thursdays on going, 15.00-17.00 Beech Hill Knitting Group.

Thursday 5th October, City Neighbourhoods Awards at Croke Park.

Friday 6th October, 19.30 A Galway Girl at Sandymount CC.

Thurs 12th October, 19.00 - *Festival of History at RICC* Talk: 50th anniversary of the Shamrock Rovers All-Ireland XI v Brazil football match.

#### Pembroke & South East Inner City Halloween Festival 2023



Thursday 26th October, 14:30 - Greenore Halloween Party.

Saturday 28th October, 14.00-17.00 - Pearse House Halloween Party.

Saturday 28th October, 14.00-17.00 - Boyne Street Halloween Party.

Sunday 29th October, 14:30-16:30 - City Quay Halloween Party.

Sunday, 29th October, **Leo Fitzgerald Halloween Trip** (to Causey Farm or Lulymore Farm TBC).

Monday 30th October, 14:00 - Neurodiversity IRP Halloween Party.

Monday 30th & Tuesday 31st October **Dockers and Demons Festival** in Ringsend / Irishtown / Docklands.

Tuesday 31st October, 17.00-19.00 - Markievicz House Halloween Party.

Tuesday 31st October, 14:30 - Donnybrook ARA Halloween Party.

Tuesday 31st October, 16.00- 20.00 - Halloween Cabbage Patch Cauldron.

# <u>Public Domain Reports (South East Inner City, Pembroke and Kimmage Rathmines LEAs)</u>

Holles Street Hospital Mural: Majority complete but weather impacting completion.

Crampton Court resurfaced 4th September.

Community Bags and equipment delivered: 36 (40).

Collections filled bags in South East: 24. Collections of filled bags (29).

City Neighbourhood Awards 13th September. Held in City Hall.

Painting of City Quay Campshire railings completed.

Slipway at Pigeon House and Liffey Steps cleaned.

Benches at City Quay / George's Quay completed.

23 Benches along Sandymount Strand scheduled to be painted.

#### **Upgrade of laneway Crumlin Village to Windmill Park**

Painting of railings and gate completed.

Graffiti removed.

#### Rathgar Residents Association – meeting held 27<sup>th</sup> September 2023.

Junction at Orwell Road / Zion Road – Greening project under discussion.

#### **Upgrade / Enhancement of traffic islands**

Consultation with contractor held September 22<sup>nd</sup> to discuss the possible greening and enhancing of the traffic islands on Kildare / Clogher Road and Kildare / Cashel Road.

#### **Weed Control**

Greentown Environmental: 2<sup>nd</sup> spray treatment complete. 2 x Supplementary List ongoing. City centre area addressed by Waste Management (manual removal).

Aviva Stadium environs (D2 / D4 areas) in advance of Notre Dame weekend (manual removal)

# **Graffiti Removal August / September 2023**

600m<sup>2</sup> cleansed in September by contractor.

4 letters issued to private properties.

#### Halloween

2023 planning ongoing.

# **Abandoned Bicycles September**

37 abandoned bikes removed.

357 removed year to date.

30 tagged for removal.

#### **Joint Policing Committee**

Meeting held 28th September 2023.

# **Dublin City Sport & Wellbeing Partnership (DCSWP) Report**

#### 2023 - Linking in with National Events & Initiatives

The primary goal of DCSWP is to provide opportunities for everyone to get involved in sport and physical activity regardless of age, gender or ability. In 2023 DCSWP continues to align the planning and delivery of programmes with national and international events. This strategic approach helps maximise promotion of the service, adds momentum to local programmes and initiatives and ultimately increases reach across communities in Dublin City.

Please see below highlight programmes for October 2023.

#### **Marathon Kids 2023**

Marathon Kids is a national eight-week initiative aimed at primary school students at 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> class level. DCSWP Sports Officers and Athletics Ireland continue to engage with local schools. The final of Marathon Kids in November is TBC.

#### Halloween 2023

Plans are in place for multi-sport activities to engage young people in sport and physical activity during the 2023 mid-term break. In the south east, multi indoor and outdoor adventure activities have been planned in partnership with RICCY's and St. Andrew's Youth Services.

The 2023 Zombie Run returns for Halloween 2023. In the South East Area the run will take place in Brickfield Park on Tuesday 31<sup>st</sup> October as part of Dublin City Council's Halloween community / family festival.

# **Staffing News**

Sport Officer (x2) and Sport Inclusion and Integration Officer Roles (x 2. 3 year temporary) have been advertised. Closing date for application was 12<sup>th</sup> September. The **s**hortlisting / eligibility / interview process is to follow.

# **DCSWP Sim for Schools Motor Sport Programme Highlight Programme**

DCSWP and Active Cities, in partnership with Nicci Daly and Formula Female, launched the Dublin City Council Sim for Schools Programme across five schools in each administrative area during Sportsfest 2023.

In the South East area the programme was launched in St. Louis High School, Rathmines on Monday 25<sup>th</sup> September. The programme will engage transition year classes in girls' schools providing the opportunity to take part in this novel motorsport programme, utilising simulator rigs that DCSWP has purchased.

#### **Sport for Young People Small Grant Scheme 2023**

170 applications have been received from clubs across the city including the NWA (closing date 2nd June 2023). Sport Ireland Contribution for 2023 is €80,000. The first phase of the assessment is complete with phase two in progress. Clubs are due to be notified in the coming weeks. Once confirmed a full list of South East Area clubs can be provided for the committees' information on request.

#### **DCSWP Communications**

All DCSWP highlight programmes continue to be supported by social media channels and the DCSWP Virtual Hub. See below:

- > Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwsphub.ie
- > Email: sports@dublincity.ie
- > Twitter: Dublin City Sport & Wellbeing Partnership (@dccsportsrec) / Twitter
- Facebook: <u>Dublin City Sport & Wellbeing Partnership | Facebook</u> Instagram: <u>@dublincitysportandwellbeing</u>

# **South East Area October Highlights**

# Youth Fit - Young People at Risk Age 10 - 24 Years

Name of programme:	Youth Fit Swimming
Description of programme activity:	Swimming Programme
Partners:	South East Area Youth Services and
	DCSWP's Get Dublin Swimming Co-funded
	officer
Age group:	10-17years
Gender:	Mixed
Date/time and location:	Ongoing in Markievicz Swimming Pool every
	Tuesday from 4pm
Name of programme:	Youth Fit
Description of programme activity:	Drop-in multi-sport programmes
Partners:	Clay Youth Project
Age group:	13-19 years
Gender:	Mixed
Date/time and location:	Ongoing in Clogher Rd. Centre
Name of programme:	Youth Fit/Get all Girls Active – Learn To
	Skate
Description of programme activity:	Beginners programme aimed at young
	females
Age group:	13-17years
Gender:	Mixed
Date/time and location:	Bushy Park Skate Park. Coaches are
	currently being engaged. Full Details TBC
Name of programme:	Youth Fit/Get all Girls Active – Research
	Programme
Description of programme activity:	Teenage girls' activity programme. Delivered
	in partnership with Trinity College.
	Researching what factors influence teenage
	girls to participate in physical activity
Age group:	13 years +
Date/time and location:	Rathmines area
Name of programme:	Youth Fit – Early Childhood Programme
Description of programme activity:	Early childhood sports programme in
	partnership with local crèche groups.
Age group:	U 12 years. Mixed
Date/time and location:	Ongoing. Local crèches in D2 and D4 area
Name of programme:	Youth Fit- Adventure Programme
Description of programme activity:	Four week adventure programme aimed at
	youths at risk. Delivered in partnership with
	D4 Youth Services
Age group:	10-21 years. Mixed
Date/time and location:	Ongoing

# Forever Fit – Older Adults age 55+ years

Name of core programme:	Forever Fit – St. Andrew's/Pearse Street
Description of programme activity:	Older Adults multi-sport programme
Partners:	St. Andrew's and Pearse St. Recreation
	Centre
Age group:	Age 60+ Years
Gender:	Mixed
Date/time and location:	Ongoing in Sandymount Centre, D4 and St.
	Andrew's Resource Centre, D2 every
	Tuesday.
Name of core programme:	Forever Fit – Lorcan O'Toole, Crumlin
Description of programme activity:	Chair Fit
Partners:	Lorcan O'Toole centre Crumlin/Kimmage
Age group:	Age 55+ years
Gender:	Mixed
Date/time and location:	Ongoing in Lorcan O'Toole centre every
	Wednesday from 11am.
Name of Programme:	Forever Fit Harold's Cross
Description of programme activity:	Chair Yoga aimed at improving flexibility,
	strength and balance for Older Adults
Age group:	Age 55 + years
Gender:	Mixed
Date/time and location:	Ongoing in Harold's Cross Parish Centre
	every Monday from 11am
Name of core programme:	Forever Fit Terenure
Description of programme activity:	Older Adult Dance & Fitness programme
	aimed at improving mobility and improving
	fitness levels.
Age group:	Age 55+ Years (Mixed)
Gender:	Mixed
Date/time and location:	Ongoing in the Evergreen Centre, Terenure,
	Rathmines and Harold's Cross every
	Tuesday at 11am.
Name of core programme:	Forever Fit
Description of programme activity:	Older Adult Men's Fitness Programme
Age group:	Age 55+ Years
Date/time and location:	Ongoing. Terenure. Rathmines, Harold's
	Cross.

# Thrive – Adults with mental health difficulties

Name of programme:	Women's Wellness - Cabbage Patch programme
Description of programme activity:	Four week yoga programme aimed at women in the D2 area
Age group:	13-17 years
Gender:	Mixed
Date/time and location:	Ongoing every Wednesday in Cabbage Patch Flat Complex, D2

# **Health Improvement in the Community**

Name of programme:	D6 Holistic Health
Description of programme activity:	Holistic Mental Health & Exercise
	programme for people experiencing mental
	health difficulties (referral only)
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing in Swan Leisure Centre every
	Thursday from 12 noon.
Name of programme:	D4 Tai Chi
Description of programme activity:	Older Adult programme aimed at adults
	aged 55+ years experiencing mental health
	difficulties.
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing in Irishtown & Ringsend Centre
	every Wednesday from 10.30am

# Sport Inclusion & Integration – Individuals with Physical, Intellectual and Sensory Disabilities

The following programmes are delivered on a citywide basis and include partners and participants from the South East Area:

Name of programme:	Shelbourne Football For All Programme
Description of programme activity:	Programme aimed at service users from
	multiple services age 16+ years
	experiencing mental health difficulties.
Name of programme:	Ukrainian Crisis Centre Programme
Description of programme activity:	Multi-sport initiative aimed at all ages.
	Existing programmes such as the Track
	Partnership in Sundrive Park to continue
Name of programme:	Child Vision Ireland Tai Chi Programme
Description of programme activity:	Six-Eight week programme aimed at
	children. Delivered in partnership with
	Childvision, Drumcondra
Name of programme:	Learn 2 Cycle/Cycle With Confidence
	Programme
Description of programme activity:	Targeted at persons with physical and
	cognitive needs. Citywide programme.

# **Active Cities**

# BoxUp

Please see previous report for BoxUp initiative and DCSWP Hub (https://www.dcswphub.ie/boxup-comes-to-ireland).

Official Launch of BoxUp took place on Wednesday 4<sup>th</sup> October at 2.30pm in Eamonn Ceannt Park, Crumlin.

# **DCSWP South East Area Co-Funded Programmes:**

#### **Athletics in the Community**

Couch to 3/5k and walking programmes continue in the South East area in partnership with the Co-funded Athletics Officers. Officers continue to engage with schools in the Daily Mile and school track and field programmes. The Marathon Kids programmes aimed at primary school children ( $4^{th}$  -  $6^{th}$  class) continues.

# **Boxing in the Community**

The Startbox programme Silver and Bronze programmes continues in South East area schools throughout October.

### **Cricket in the Community**

- ➤ The YMCA Aungier Street and local Cricket Club, D4 four week continues and will conclude at the end of October. The intercultural / integration initiative is a partnership programme between local youth services and will include service users from Afghanistan.
- The DCSWP Cricket Development Officer continues to deliver and support citywide inclusive programmes and engage with local schools in softball cricket sessions (St. Matthews NS, Thursdays from 1pm, Star of the Sea, Ringsend Thursdays from 11am).
- ➤ U 11 Team Training sessions continues every Friday from 3.30pm in Merrion Cricket Club (mixed).

#### **Football in the Community**

The Football Officer in the South East Area continues to deliver the following programmes:

- Football for All aimed at children with physical, intellectual and sensory disabilities every Friday from 6pm in Cambridge FC, D4.
- Introductory programmes for children via Sprog Soccer programme and Girls Academy programme every Friday from 4pm in Irishtown Stadium.
- > PDP 1, 2 coaching courses 7v7 and 9v9 coaching courses are currently in the planning stages in the area.
- > School introductory sessions, including Show Racism the Red Card sessions to be delivered to schools in D2 and D4 area.
- ➤ Halloween 2023 football camps including an intercultural soccer camp will be delivered during the mid-term break from Monday to Friday 10am − 1pm.
- Other highlights in October include the Football Disney programme aimed at young people age 4 - 7 years in Irishtown Stadium and the Kickfit Women's Football programme also held in Irishtown Stadium.

#### **Rowing in the Community**

The Get Going Get Rowing indoor rowing schools programme continues in schools across Dublin City, including secondary schools from the South East area (Rosary College, Crumlin).

# **Rugby in the Community**

➤ Rugby in-school sessions will commence following the return to school in September. The Aldi Play Rugby Sessions continue in South East area primary and secondary schools every Friday (2, 4 and 6 area).

# **Swimming in the Community**

DCC / DCSWP appointed a Co-funded Swimming Ireland Development Officer in 2022 to increase opportunities for everyone in our communities to get involved with swimming and enjoy the benefits of water based physical activities.

A new DCSWP Swimming Development Officer was appointed over the summer 2023 period and is currently engaging with schools, groups and identifying swimming facilities in areas across the city. Details of programmes and initiatives will be included in the November report.

#### **Training for 2023**

> Safeguarding 1, 2 & 3 Training continues.

#### **CONTACT DETAILS:**

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Dated: 4<sup>th</sup> October 2023